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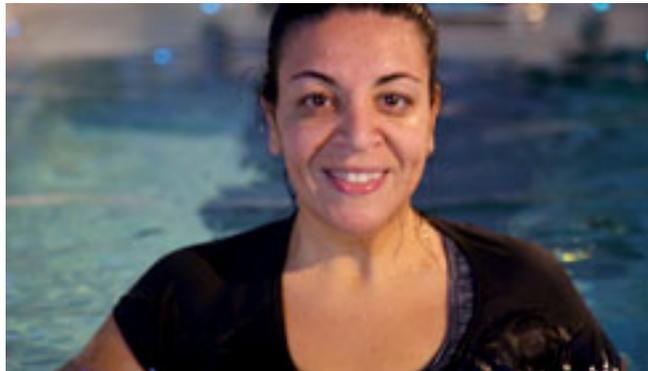
Meredith's Story

How She Lost 100 lbs Using the Endless Pools Fitness System

Vista, Calif., February 28, 2018

With over forty percent of Americans between the ages 40-59 living with obesity*, people are seeking meaningful ways to lose weight. Traditional land-based exercise is often too painful for their muscles and joints, creating a barrier to improving their health. Thousands of consumers are resorting to fitness, wellness, and weight loss websites to discover better ways to exercise pain free and lose weight.

The following video shares Meredith's story, a woman who like many, was struggling with her weight. Through water exercise, she has lost over 100 lbs. and counting. Meredith is now training for the New York City Marathon using an Endless Pools® Fitness System and attributes her weight loss to aquatic fitness. It's been a game changer for Meredith and helped her turn her life around. Please share this compelling video with your website visitors and post it on your social media pages. Consumers are looking, and you are their answer!



View the video on Youtube
<https://youtu.be/bdVOOzllbRY>

Endless Pools Fitness Systems is the leading swim spa available worldwide. Our more than 200 dealers are dedicated to promoting wellness daily, explaining how **weight loss is achievable (and enjoyable) with less pain** because of our smooth swim current, *only* hydraulically-run underwater treadmill, and spa seating, all an ideal setting for water exercises.

By sharing this content, you can be the resource they are looking for and help them change their lives! Help readers understand how achievable pain-free weight loss is through aquatic fitness and the impact Endless Pools Fitness Systems could have on their lives.

Visitors who want to know more about Endless Pools Fitness Systems can visit www.endlessfitness.com

If you or any of your colleagues are located in the San Diego area, or plan to visit, we'd love to host a swim/run/exercise for you at our Corporate HQ in sunny Vista, CA. Or, you can visit any of our authorized dealers, nationwide to try it for yourself - <https://endlessfitness.com/dealer-locator/>. We would be happy to set that up, [so please just let me know!](#)

*Source - <https://stateofobesity.org/rates/>